

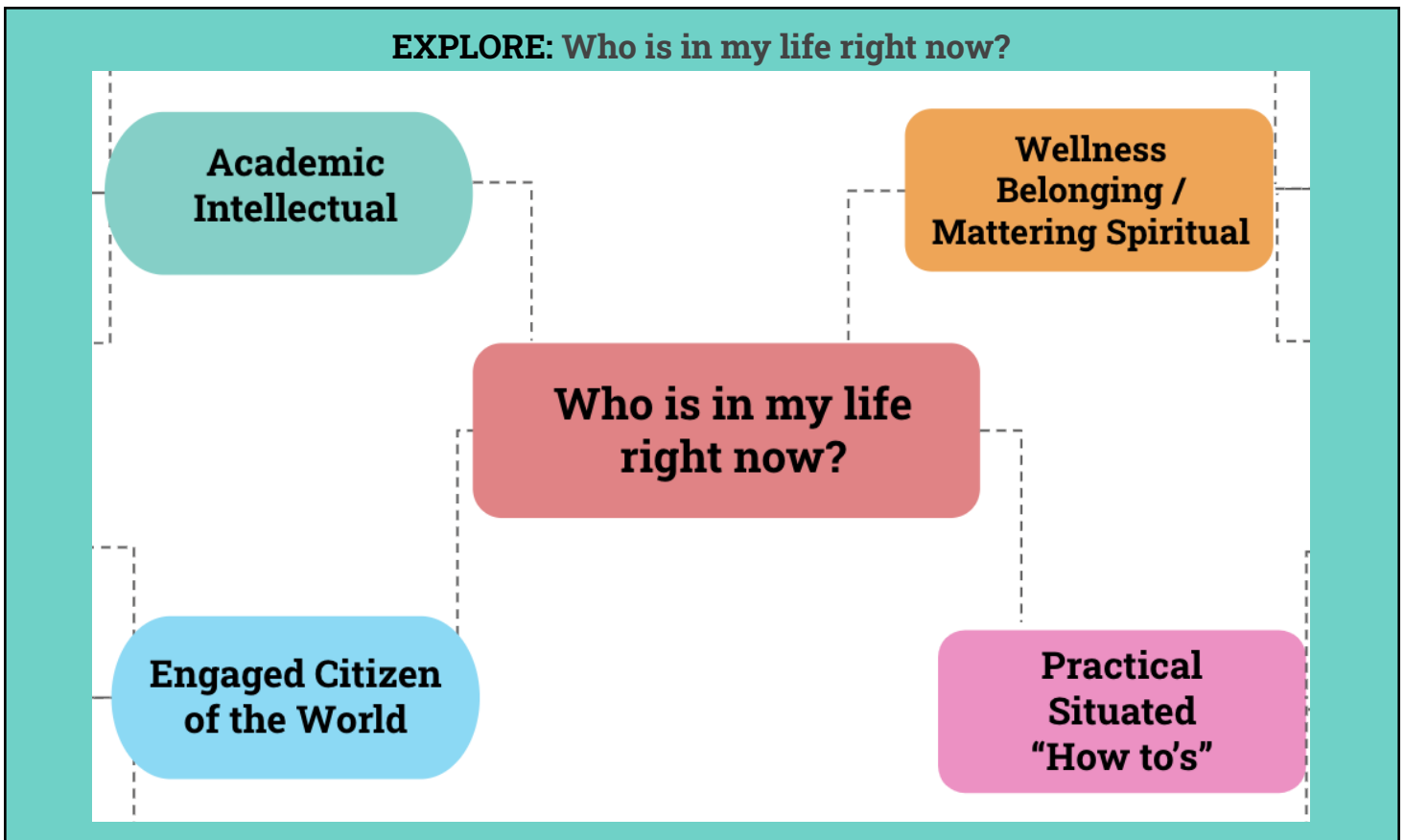


Cultivating Mentoring Constellations



How might we **DESIGN** a lifelong constellation of mentors?

FRAME	
What is "mentorship" to you ? What do mentors say ? Do ?	What do they encourage us to think ? How do they make us feel ?
SAY	THINK
DO	FEEL



My Glows	My Grows





Cultivating Mentoring Constellations



How might we **DESIGN** a lifelong constellation of mentors?

GENERATE IDEAS: Explore one growth opportunity.
Who might I add to my constellation? How might I go about it?

GET PRACTICAL	TINY TASKS	ROUTINES	BIG CHANGES	BONUS
First Thought				
Dream Big				

PROTOTYPE: What tiny tasks will I take on next?

What will I do today?! *I will...*

This week *I will...*

CULTIVATE: What else do I want to do?

This month *I will...*

This year *I will...*

My accountability partner is:

