

# Guiding Questions for Planning, Revising, and Refining a Reflective Essay

1. What situation, scenario, or event are you reflecting upon?
2. Who is doing the reflection and what are their roles in the scenario?
3. How did you feel about the situation or event?
4. What prompted your reflection on this topic or situation?
5. How did you structure your approach to reflection?

6. How can you convey to readers the particulars of your experience rather than assume familiarity with or understanding of how the experience unfolded?

7. What did you learn from the reflection that others can benefit from reading about?