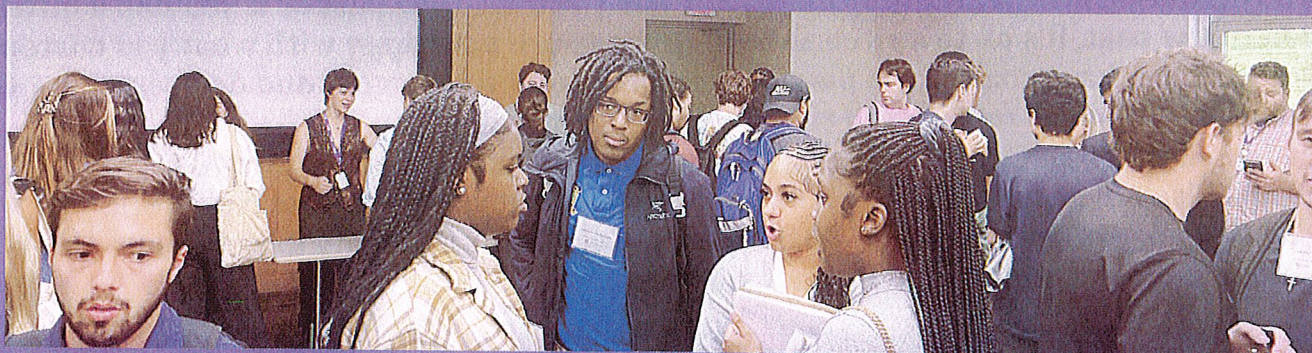


Alfred University's First Annual **Mentorship Day**

"I thought the different perspectives about different people's background and the different types of adversities that they had to go through was very inspiring. Especially the advocating for yourself and others in the workplace panel. I thought that was very insightful and honestly helped me out a lot because I'm currently working and planned on asking for a raise, but I didn't know how to go about that. Everyone on the panel gave their opinions on the matter and was very helpful and very encouraging. Now I feel confident doing so and not feeling guilty about it. The overall experience was great!"

"The speakers were great. I got a lot of insight from professionals at varying life stages and from many different backgrounds. Their unique perspectives on education, work, and life were all invaluable."



**Connect with Alfred University students
and become a mentor on Mentorship Day!**

Please contact us at alumni@alfred.edu

Mentorship Day Feedback

Hear what our students said!

Leveraging Your Student-Work and Leadership Into Careers

—“It was helpful to know that being involved in Alfred University can look a lot of different ways. Working campus/village jobs, participating behind the scenes, in sports... Alfred is small enough that everyone can easily make a difference. That’s the sort of confidence you need to have in life. Alfred allows for that.”

Featured Panelists: Garth Johnson '00, Curator of Ceramics at the Everson Museum of Art; Leo Pamphile '20, Diversity, Inclusion and Belonging Specialist, QBE North America; Anastasia Campbell '20, Program Coordinator Monroe Community College.

Making a Meaningful Life

—“What went well was the range of perspectives shared on finding fulfillment through personal growth, community involvement, and aligning career choices with personal values. Panelists offered compelling stories about overcoming challenges and balancing success with happiness.”

Featured Panelists: Zach Harrington '14, Partner, Financial Advisor, Chief Investment Officer, Rise Advisors, LLC; Reg Miller '09, Judicial Law Clerk U.S. District Court; Amy Bennett '14, Chief Operating Officer, Northern Lights Candles; Marilu Marcillo '90, Professor and Dean of the School of Business & Information Sciences, Felician University.

Do I Have to Get a Job in the Same Field as my Major?

—“I thought this panel was very interesting because you have people who graduated with different majors doing completely different things and being very successful at it. The thing I took away from this is that it doesn’t matter what you did in the past or if you had a different vision in the past, it’s ok to switch things up if you are not happy with what you currently are doing. If you have goals and a passion for something then go out and do everything you can to achieve it, and the results will take care of [themselves.]”

Featured Panelists: Brian Gable '17, State Trooper NYS Police; Angelica Sudore '20, Paraplanner, Rise Advisors, LLC; Matt Yuhas '95, Sales Manager for Upstate New York, Sauder Education; Sydney Dominick '20, Licensing Coordinator, Fidelity Investments; Alex Moskal '08, Senior Network Engineer, Lactalis USA.



Mentorship Day Feedback

Hear what our students said!

The Power of Connecting vs. Networking

—“The keynote speaker was amazing! Amazing to hear how far she has come since being here at Alfred.”

Featured Speaker: Danielle Johnson-Kutch '03,
Director of Government Affairs, DocuSign.

Careers That Give Back: Exploring the Non-Profit Sector

—“I liked that each person on the panel had very different experiences to discuss.”

Featured Panelists: Patrick Brennan '98, Assistant Professor and co-Founder of Essex Flowers Gallery, NYC; Grace Evans '22, SOY (Supporting Our Youth) Coordinator; Kristin Rubisch '10, Senior Development Director, One To World.



Women in Leadership

—“Amazing. This session was extremely beneficial to me and very inspiring.”

—“Loved all of the information they shared and how much they interacted with the audience.”

Featured Panelists: Yasmin Mattox '07, Director of iZone, University of Rochester Libraries; Rachel Teall '07, Therapist, Licensed Professional Clinical Counselor (LPCC); Natalie Krauser '98, Director of Development, AIChE - American Institute of Chemical Engineers; Christie Swarts '96, Facility Chief, Center Operations Directorate, NASA Langley Research Center.

Turning Your Passion Into Your Work

—“Nice to hear from the entrepreneurs following their dreams and how they achieved [them].”

—“I liked seeing three people with different careers who are at different stages of life. Their talks on how passions are never one thing made me feel a lot better about my major. Everyone is unsure, so there's no reason to doubt yourself.”

Featured Panelists: Natalie A. Wendig '09, Owner, Natalie's Studio; Mike Joiner '18, Director of Retry Training & Employment Programs for NYS, Pathstone Corporation; Krystina Gauer '21, MBA '22, Co-founder HONGO Skin.

Advocating for Yourself and Others in the Workplace

—“I truly learned a lot about how to advocate for myself and others when it specifically comes to asking for raises or sticking up for yourself and others in the workplace to create a better work environment.”

—“I learned so much from these amazing people! They did such a great job explaining situations and how to handle them!”

Featured Panelists: Sam Pierre Louis '20, Due Diligence Coordinator, Kickfurther; Amis Crawford '10, Glass Studio Technician; Carter Adams '21, ESL Teacher; Susan Vitch Rozak '86, MS '88, Sr. Application Engineer, Saint-Gobain Performance Ceramics and Refractories.

Alfred University's First Annual **Mentorship Day**

Thank you, mentors!



Alfred University's first Mentorship Day, held September 27, 2024, brought together our talented alumni and students for a day of learning, networking, and inspiration. Support for the 2024 event was provided in part by the Alfred University Alumni Council and Sauder Education®.

"I loved hearing experiences from alumni and getting personal advice on career topics. I feel more confident about the interview process and about finding a job path I want to pursue."

"The important things I learned from the event were learning how to advocate for myself, and learning how to make a meaningful life, balancing work life and personal life. I found it very beneficial to hear personal work experiences from the panel, and being able to talk to the alumni was such a great experience, I learned a lot from going to Mentorship Day, and I look forward to going next year!"



Alfred University
OUTSIDE of ORDINARY

MENTORSHIP DAY SESSIONS

Do I Have to Get a Job in the Same Field as my Major?

About: Many graduates end up in career fields that are not directly (or even remotely) tied to their AU major, yet their education has been instrumental in preparing them for work. Panelists will discuss how their AU education prepared them for their careers, even if those careers are not the ones they originally anticipated.

Featured Panelists: Brian Gable '17, State Trooper NYS Police; Angelica Sudore '20, Paraplanner, Rise Advisors, LLC; Matt Yuhas '95, Sales Manager for Upstate New York, Sauder Education; Sydney Dominick '20, Licensing Coordinator, Fidelity Investments; Alex Moskal '08, Senior Network Engineer, Lactalis USA. **Moderator:** Maggie Weiss '20, Student Activities & New Student Co-Curricular Coordinator, Student Experience, Alfred University

Unlocking Your Career Potential: Translating Skills into Success

About: You pick up many skills in college that you might not yet realize are useful in the work world. Likewise, employers might not be aware of your skills that they would find beneficial. Learn from these panelists the value of skills you develop as a student and how to highlight those skills so employers realize just how capable you are.

Featured Panelists: Emanuel Williams '21, Relationship Banker II at Forbight Bank; Knox Van Renselaar '22, Graduate Assistant George Washington University; Terel Marshburn '15, Chemung County Program Manager. **Moderator:** Emma Robinson '16, Chair of the Beth Robinson Judson Leadership Center (JLC) Advisory Board

8:20 am - 9:10 a.m. **Check-in for Alumni Mentors & Students**
Coffee and Light Breakfast (Olin)

9:20 am - 10:10 a.m. **Keynote Session** (Olin 302)
10:20 am - 11:10 a.m. Concurrent Panel Sessions (Olin classrooms)
11:20 am - 12:10 p.m. Concurrent Panel Sessions (Olin classrooms)
12:20 pm - 1:10 p.m. Concurrent Panel Sessions (Olin classrooms)

1:20 pm - 2:10 p.m. **Lunch** (Ade)
2:20 pm - 3:10 p.m. Concurrent Panel Sessions (Olin classrooms)
3:20 pm - 4:20 p.m. Meet-a-Mentor Sessions (Olin 301)

4:30 pm - 6:00 p.m. **Alumni-Mentor Social Event** for all students, faculty, staff and alumni presenters (Harder Hall)

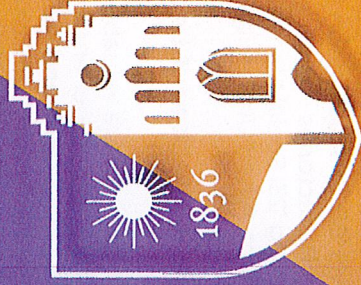
6:00 p.m. **Alumni and Special Guests Dinner**

Learn. Connect. Be Inspired.

Mentorship Day

Friday, September 27, 2024

A day of presentations and alumni-mentor discussions that spark professional and personal growth.



Learn about our mentors, register, and see more at Go.Alfred.edu/MentorshipDay

MENTORSHIP DAY SESSIONS

Keynote - The Power of Connecting vs. Networking

About: It's important to build your network as you grow in your career, but it's your connections that will take you further. This session will cover the difference between networking and connecting and why being a connector is the more effective skill. The speaker will discuss how she has developed quality relationships — with an eye toward two-way conversations and opportunities to help others — that have helped her not just advance her career, but find fulfilling life experiences. **Featured Speaker:** Danielle Johnson-Kutch '03, Director of Government Affairs, DocuSign

Careers That Give Back: Exploring the Non-Profit Sector Hosted by Alfred University

About: Non-profits are tax-exempt organizations that funnel excess revenue toward advancing their mission. Panelists will discuss the mission of their organization and how it helps improve the lives of individuals and their communities. They will discuss how their passion/desire to serve led to their position and how the work continually motivates them. Non-profits go beyond education and religious organizations. Medical and other research, the arts, engineering, even AI. **Featured Panelists:** Patrick Brennan '98, Assistant Professor and co-Founder of Essex Flowers Gallery, NYC; Grace Evans '22, SOY (Supporting Our Youth) Coordinator; Kristin Rubisch '10, Senior Development Director, One To World. **Moderator:** Tammy Raub, Vice President for Business and Finance and Chief Financial Officer, Alfred University

Women in Leadership

About: Breaking glass ceilings can be tiring; get some energy hearing from your female peers. This panel will share their career journey as well as insights and strategies on navigating the workplace as a woman.

Featured Panelists: Yasmin Mattox '07, Director of iZone, University of Rochester Libraries; Rachel Teall '07, Therapist, Licensed Professional Clinical Counselor (LPCC); Natalie Krauser '98, Director of Development, AIChE - American Institute of Chemical Engineers; Christie Swarts '96, Facility Chief, Center Operations Directorate, NASA Langley Research Center. **Moderator:** Corey Fecteau '01, Assistant Dean of the College of Liberal Arts & Sciences, Alfred University

Turning Your Passion Into Your Work

About: Developing a lifelong career that provides a sense of purpose and fulfillment is the goal of many. Do what you love as a career, excel, and success will follow. This panel will share their perspectives on developing their interests and strengths into a fulfilling and rewarding career.

MENTORSHIP DAY SESSIONS

Featured Panelists: Natalie A. Wendig '09, Owner, Natalie's Studio; Mike Joiner '18, Director of Reentry Training & Employment Programs for NYS, Pathstone Corporation; Krystina Gauer '21, MBA '22, Co-founder HONGO Skin; **Moderator:** Lukas Perry '23, Manager for Enrollment and Marketing Services

Advocating for Yourself and Others in the Workplace

About: Advocacy leads to a better work environment. It creates a healthy and positive workplace with employees who feel confident, secure, and supported by their leaders and colleagues. This panel will share success stories and highlight how to advocate for yourself and other historically underrepresented groups in the workplace. **Featured Panelists:** Sam Pierre Louis '20, Due Diligence Coordinator, Kickfurther; Amis Crawford '10, Glass Studio Technician; Carter Adams '21, ESL Teacher, Providence, RI; Susan Vitch Rozak '86, MS '88, Sr. Application Engineer, Saint-Gobain Performance Ceramics and Refractories

Moderator: Elliott Houghtelling '23, Social Media Manager, Marketing and Communications Department, Alfred University

Leveraging Your Student-Work and Leadership Into Careers

About: Your experiences on campus are valuable tools to help you post-grad! Panelists will discuss their own experiences and give tips on how to make the most out of your student-work and student leadership experiences, and how to turn those into meaningful careers after AU.

Featured Panelists: Garth Johnson '00, Curator of Ceramics at the Everson Museum of Art; Leo Pamphile '20, Diversity, Inclusion and Belonging Specialist, QBE North America; Anastasia Campbell '20, Program Coordinator Monroe Community College. **Moderator:** Mechele Romanchock '02, Director of Libraries, Scholes Library of Ceramics, Alfred University

Making a Meaningful Life

About: Panelists will discuss how to maintain a harmonious relationship between work and personal life and the importance of community engagement both in and out of the workplace. Presenters will discuss keys for thriving and flourishing in the first years of employment.

Featured Panelists: Zach Harrington '14, Partner, Financial Advisor, Chief Investment Officer, Rise Advisors, LLC; Reg Miller '09, Judicial Law Clerk U.S. District Court; Amy Bennett '14, Chief Operating Officer, Northern Lights Candles; Marilu Marcillo '90, Professor and Dean of the School of Business & Information Sciences, Felician University. **Moderator:** Erin Schurr, Associate Athletic Director, University Athletics

(continued)